

**Parenting Teens Just Got Easier!** is free monthly eZine  
for parents of pre-teens and teens from Saso Seminars  
by Patt and Steve Saso

**October 2008**  
**Three Sure-fire Tips to Help Your Child Succeed in School**

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**Parenting Tip:** There is a correlation between parenting skills and student achievement. Learn three steps you can take to increase your child's success in the classroom.

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**Announcement Hot Links**  
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**You are Invited**

2009 Congress  
February 26 – March 1, 2009  
<http://www.recongress.org/>

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**Gift for New Subscribers**

<http://www.sasoseminars.com/freestuff.html>

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**Saso High School Prep**

Are you looking into a Catholic high school for your 8<sup>th</sup> grader? We can help improve your chances of acceptance.

<http://www.sasohighschoolprep.com>

**Testimony**

"Brandon did get accepted to Bellarmine and a large part of his confidence in going through with the test and application came from the HSPT class last summer. He came away with some great tools for test taking. Thank you again." ~ Monique B.

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**Parent Coaching**

Is the arguing with your teen negatively affecting your relationship? Parent coaching is designed for building bridges and strengthening the parent-teen relationship.

<http://www.sasoseminars.com/coaching.html>

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**October 2008 Featured Article**  
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**Three Sure-fire Tips to Help Your Child Succeed in School**

**By Patt Saso**

[www.SasoSeminars.com](http://www.SasoSeminars.com)

Are you aware that you are your child's first and most influential teacher? What you do shapes your child's academic future more than anything else.

A home environments that support learning impact student achievement more than level of education, level of income, or cultural background.

Children whose parents actively participate in their education tend to perform better in school, have fewer behavior problems in the classroom and have higher school attendance records.

**Three easy steps parents can take to improve their child's success in the classroom:**

**One: Help your child improve his or her schoolwork.**

Parents have to pay attention to and have an awareness of what is going on in the classroom. And know what type of student your child is. Armed with this information you can monitor homework and actively tutor your child at home.

What about helping a high school student with homework? It is a myth that high school teens no longer want or need help with homework. But you must accept your child's style and work with it.

Some teenagers will refuse help, even when they obviously need it. Others are able to ask and

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appreciate parent's feedback, whether it is working on algebra problems, helping to formulate a good topic sentence for an essay, or quizzing them on history facts.

**Two: Form a working relationship with your child's teacher and school.**

Make a commitment to have on-going communication with the teacher. This is beneficial for a couple of reasons. You want to keep up on your student's progress and stay informed about memos, grading periods, parent-teacher conferences and school activities.

Participate in school functions. Attend to Back-to-School Nights, conferences about student work, as well as school plays, speech tournaments, and athletic events. Join the parent-teacher association.

**Three: Improve your parenting skills.**

Just as your child is learning study habits, parents are learning about the skills of raising a child. These are simple, yet complex, and ever changing.

By the time your child is a pre-teen you will realize that the skills that worked before are no longer effective. Younger child are often more obedient and compliant. A young adolescent, however, wants to do things his or her own way and this creates havoc in some homes.

This is the intersection in family-life where most families collide. Parenting needs to shift from manager to mentor. For some parents this is difficult because they still want to micromanage.

We can help in this area. Our books and CD's are full of usable parenting tips. And if you really get stuck you can give me a call. As a parent

coach, I help restore harmony by establishing open and two-way lines of communication.

<http://www.sasoseminars.com/tools.html>

There is a correlation between parenting skills and student success in school. Understanding adolescent development and age appropriate parenting skills is one step you can take to encourage enthusiasm for learning.

Remember the home environment has a strong influence on your child's academic success. Getting involved in schooling, understanding child development and integrating new and effective parenting skills will make a difference.

**For more parenting resources go to:**

<http://www.sasoseminars.com>

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**Saso High School Prep**  
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Increase your student's chances of getting into the Catholic high school of his or her choice.

Saturday classes begin October 25  
One-day HSPT Reviews begin November 15

- Improve skills and knowledge in Math and English,
- Strengthen study skills habits
- Increase self-confidence on the HSPT exam and beyond

**To Register**

<http://www.saso.com/hspt>

**Testimonies**

Mr. Saso's HSPT course not only prepared me for the exam, it provided me with a sense of

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confidence. I say without reservation that this class significantly improved my scores and decreased my anxiety. I highly recommend this course! -- Christina Jones, student

This was extremely great preparation for the exam. It definitely boosted my test scores. The exam was a breeze especially after taking the practice tests Mr. Saso gives. -- Kevin Kim, student

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**Until next time,**

**Patt & Steve Saso**  
***Parenting Teens Just Got Easier***

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