### **Parenting Teens Just Got Easier**

Is a free monthly eZine for parents of pre-teens and teens From Saso Seminars by Patt and Steve Saso

## Parenting Teens – Summer Learning Loss May 2006 Issue

### This month's parenting tip:

How to avoid the summer academic backslide

#### **Announcements:**

Summer High School Prep Courses (HSPT) Free Seminars & Book Signings Scheduling Parenting Seminars

#### **Summer Learning Loss**

By Patt and Steve Saso

With school ending, parents and students often look forward to the break from school. By early June many families are busy planning their summer vacation while others are searching for opportunities to keep their kids busy during the summer hours.

No parent at this time of year wants to think about what kind of negative impact summer vacation might have on their child's academic life. Sadly, for many students summer is a time of forgetting.

#### Lost knowledge during summer break

Research uncovers that on average students lose one month's worth of academic instruction during summer break. It often takes middle school teachers anywhere from one week to a month to refresh students after retuning from summer holiday. Math takes the most time. Kids fall behind more in math than reading.

# Developing academic skills fosters confidence for students.

The job of children at this time in their lives is to learn. Learning builds self-esteem. It provides students with life skills. Knowledge shapes a student and prepares him or her for the future. Parent communication and participation is key to a child's success.

This summer parents can decide -- or let their preteen backslide academically. What do you want your child to do this summer?

# To improve student achievement this summer parents can:

Provide books for their children
Take family trips to the library
Create a reading time: read a book as a
family or individually
Have the child attend summer school
Keep fresh in math and English with
workbooks
Enroll student in remedial or enrichment
programs

# A good summer program can help curtail the academic backslide.

For students entering the eighth grade consider our HSPT program. We have:

Highly qualified teachers
An emphasis on math and English skill building
Engaging and creative teaching methods
Program evaluations that focus on student achievement

For more information on the Summer High School Prep Course:

### http://www.sasoseminars.com/hspt.html

Our programs succeed in raising student achievement during the summertime. For more award-winning parenting tips and tools go to:

http://www.sasoseminars.com/tools.html

Summer High School Prep Course (HSPT) http://www.sasoseminars.com/hspt.html

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ATTENTION: Students entering into the Eighth grade in the fall in the Bay Area

Improve Your Grades and Increase your Chances of

Getting into the Catholic High School of Your Choice

Mr. Steve Saso's High School Placement Test (HSPT\*)

Preparation Course is a proven program designed to:

- Improve proficiency skills in math
- Expand knowledge in English,
- Strengthen test-taking skills with practice HSPT exams,
  - Develop competent study skills habits,
  - Master time management strategies, and
  - Motivate and build self-confidence

This five-week tutorial intensive runs June 19 – July 25, 2006.

Low student teacher ratio. Limited class sizes.

http://www.sasoseminars.com/hspt.html

#### **Testimonies**

From Alyssa Parsons, student '06

"I want to tell you how great the summer class was. It helped me understand math and English better and I scored better grades in 8<sup>th</sup> grade. I felt really prepared for the HSPT exam in January.

I am going to my first choice of high schools.

Thanks again!"

From Ryan Lonski, student '06

"This class helped me raise my test scores and gave me confidence. I recommend the class; it is very helpful."

From Laura Trimberger, parent

"We had Michael take the class in order to improve his verbal/language skills because we knew he would do well on the math portion of the test. To our surprise, he not only excelled in math, but he scored even higher in his verbal scores! Thank you for giving him the confidence to do well!"

From the parent of Karyne Roy

Karyne felt very comfortable going to write the test, whereas she is usually more nervous. It also helped her review her school work, and allowed her to get better marks in school. We feel that it was money worthy spending."

\*The HSPT is used for high school admissions, grade placement, and scholarship awards predominately by Catholic high schools.

# Free Seminar and Book Signing at Local Bookstores

"Parenting Your Teens with TLC"

#### **Barnes and Noble:**

Thursday, June 22, 7 p.m. Barnes and Noble, Pruneyard Monday, June 26, 7 p.m. Barnes and Noble, Almaden

Tuesday, July 18, 7:30 p.m. Barnes and Noble, Eastridge Mall

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#### **Borders:**

Saturday, August 26, Borders, Fremont Hubb Time TBA

Scheduling Parenting Seminars for Next School Year - Now

#### We Help Make Parenting Teenagers Easier

Using humor and real life anecdotes from the parenting trenches, Patt, a marriage and family therapist, and Steve, a high school educator, offer participants the skills and resources necessary to raise responsible teens.

"The imaginative, Sasos are intelligent, and highly-skilled presenters thoroughly who understand their subject matter. They offer concrete suggestions based on personal experience and encourage audience participation through humor and thoughtprovoking questions." — Bitzy Stark, Principal, K-8

Patt and Steve Saso speak passionately about love, life, and relationships. Their message stirs hope and inspires parents to cultivate influential relationships with children!

If you want Inspirational Speakers on Parenting Skills then We Invite You to Call Us.

We look forward to hearing from you. **408.262.6837** 

Peace and patience 'til next month,

Patt and Steve Saso

Parenting Teens Just Got Easier Saso Seminars

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